



Who Are the Hungry in Nassau and Suffolk Counties?

WHO	CAUSES	EFFECTS
CHILDREN	<ul style="list-style-type: none"> • Highest percentage of population in poverty • Are unable to care for themselves • Limited voice • Needs are easily dismissed and overlooked • Unable to access feeding programs and services 	<ul style="list-style-type: none"> • Impaired cognition leading to school failure • Permanent brain damage • Reduced ability to use or learn proper social skills • Behavioral problems
SENIORS	<ul style="list-style-type: none"> • Multiple medications make eating unpleasant or difficult • Not enough income to afford nutritious foods • Depression and loneliness causes lack of desire to eat • Pride discourages requests for help 	<ul style="list-style-type: none"> • Increased risk of illness and disease • Depression and/or anxiety • Increased visits to doctors and higher medical costs • Fear and/or shame • Premature death
WORKING POOR	<ul style="list-style-type: none"> • Paid low wages • Lack of education • Transportation barriers • Childcare barriers • Lack of affordable housing 	<ul style="list-style-type: none"> • Lack of stamina to work • Increased susceptibility to illness • Missed hours of work time • Frustration and hopelessness • Lost sense of responsibility and pride
DISABLED <small>(mentally, emotionally, socially or physically)</small>	<ul style="list-style-type: none"> • Cuts in funding to care for individual • Inability to feed themselves • Lack of desire to eat • Limited employment 	<ul style="list-style-type: none"> • Depression • Increased susceptibility to illness • Missed hours of work time • Frustration and hopelessness • Lost sense of responsibility and pride
MINORITIES	<ul style="list-style-type: none"> • Discriminatory barriers • Typically paid low wages • Language barriers • Barriers to educational opportunities 	<ul style="list-style-type: none"> • Depression • Alienation • Continued barriers to achievement • Feelings of fear and shame
HOMELESS <small>Note: Less than 1% of those in need are homeless. Therefore, homeless receive a much smaller portion of food from Long Island Cares than families and the elderly.</small>	<ul style="list-style-type: none"> • Closing of institutions designed to care for the disabled • Child and/or domestic abuse • Drug abuse and/or alcoholism • Cuts in federal welfare 	<ul style="list-style-type: none"> • Increased risk of diseases • Hopelessness • Fear and/or depression • Destructive choices